

Silver Linings Wins Prestigious Gold Medal in Non-Fiction

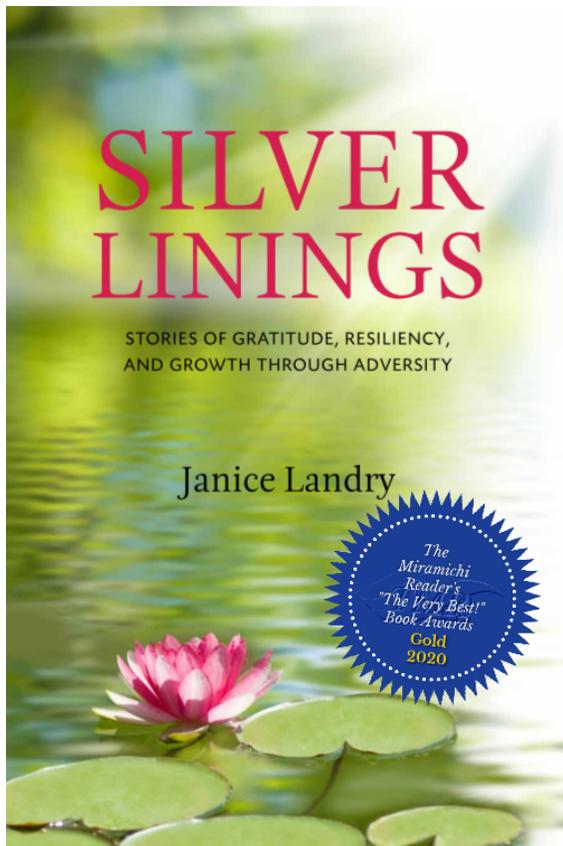
For Immediate Release:

Halifax - Halifax author Janice Landry has won the gold medal in the category of Best Non-Fiction for her book *Silver Linings*. The gold medal was presented virtually on August 15, 2020 by respected Canadian book reviewer The Miramichi Reader.

The national award is part of The Very Best Book Awards, which offers prizes in multiple categories, including: Best Non-Fiction, Best Fiction, Best Historical Fiction, Best Short Fiction, Best Poetry, Best First Book, et cetera.

According to its website, “Started in 2015, The Miramichi Reader strives to promote good Canadian books, poets and authors, as well as small-press publishers, coast to coast to coast.” The Miramichi Reader is owned by chief editor, James M. Fisher.

In *Silver Linings*, Janice Landry explores the question, “What are you the most grateful for?” This passion project is the author’s 5th book, which she has dedicated to her late mother, Theresa Landry, and friend, Audrey J. Parker, who both died during it’s production. *Silver Linings* examines the relationship between using gratitude to build resiliency.



The book contains 17 interviews, including many with Canadian emergency professionals. Landry is a long-time advocate for better support, training, and education surrounding the mental and health and wellness of our Canadian first responders and their families.

Her late father, Capt. Basil (Baz) Landry, M.B., was a veteran Halifax firefighter who was awarded the Canadian Medal of Bravery, in 1980, for his part in the heroic rescue of an eight-week old infant from a horrific 1978 house fire.

On receiving the gold medal award, Landry said, “I would like to thank The Miramichi Reader, its editor, James M. Fisher, and his team, The Very Best Book Awards, my wonderful publisher, Pottersfield Press, its owner, author Lesley Choyce, and team, as well as my supportive husband, daughter, friends, and peers. I am deeply grateful for this gold medal award. I humbly accept it in, memory of, and to honour my late parents.”



For a look at all of the gold, silver, and bronze medal winners from across Canada, please visit: <https://miramichireader.ca/2020/08/all-2020-winners/>

For more about Landry and her work, please visit: <https://www.janicelandry.ca>

To contact the author for an interview, in-person (socially distanced) event, or virtual appearance, please email: janice@groundhogproductions.ca